

For the **RIGHT TREATMENT** choose the **RIGHT PLACE**



ARE YOU INJURED OR UNWELL AND IN NEED OF URGENT CARE?

Make sure you get the **RIGHT TREATMENT** in the **RIGHT PLACE**.

The Accident Unit is NOT always the right place to treat your condition

In fact for 1 in 4 people who attend A&E each day, it is not the right place to treat their condition.

This means some people may have to wait several hours for treatment.

Many people who need medical treatment go straight to their local Accident & Emergency (A&E) Department, which can become very overcrowded, especially at weekends.

It doesn't have to be that way. Your local NHS offers you a range of treatment options to suit your health needs. Being in the **RIGHT PLACE** means you can get the **RIGHT TREATMENT** more easily.

SELF-CARE
RIGHT TREATMENT
RIGHT PLACE

Symptoms
 Hangover,
 Cough,
 Grazed Knee,
 Sore throat

PHARMACIST
RIGHT TREATMENT
RIGHT PLACE

Symptoms
 Diarrhoea,
 Headache,
 Runny nose,
 Painful cough

NHS DIRECT
RIGHT TREATMENT
RIGHT PLACE

Symptoms
 Unwell,
 Unsure,
 Confused or
 Need help?

GP SURGERY
RIGHT TREATMENT
RIGHT PLACE

Symptoms
 Vomiting,
 Sore belly,
 Ear pain,
 Back ache

NHS WALK-IN CENTRE AND MINOR INJURIES UNIT
RIGHT TREATMENT
RIGHT PLACE

Symptoms
 Cuts,
 Strains,
 Itches,
 Sprains

A&E or 999
RIGHT TREATMENT
RIGHT PLACE

Symptoms
 Choking,
 Chest pain,
 Blacking out,
 Blood loss